



THE INTERACT CLUB

A JOURNEY WITH GRATITUDE



“Appreciation is a wonderful thing. It makes what is excellent in others belong to us as well.”

~Voltaire



Mrs. Shivani Agrawal addressing the students



The Interact Club of Gyan Bharati School invited a Life Coach and Motivational Speaker, Mrs Shivani Agrawal on the 21st of April 2023 to the school premises. Mrs Shivani immediately grabbed our attention with her unique way of encouraging others to be grateful and humble by telling us personal anecdotes from her life and other experiences that were bound to inspire us.



Our esteemed guests

Ms. Shivani Agrawal, enlightened the audience with her gracious presence and wisdom. Other luminaries who graced the occasion were Mr. Rajiv Gujral, President, Rotary Club, Delhi South, Ms. Geeta Gujral, Ms. Archana Katariya and Mr Rajesh Agrawal.

The occasion commenced by invoking the Almighty's blessings and also the blessings and best wishes of our Director, Ms. Lata Vaidyanathan and the school Principal, Dr. Mudita Sharma. The occasion commenced by invoking the blessings of Goddess Saraswati and also the blessings of our Hon'ble Director, Mrs. Lata Vaidyanathan and our esteemed Principal, Dr. Mudita Sharma. Shortly after which, the ceremonial Lamp Lighting took place.



Lamp Lighting



Students' left spellbound

Ms. Shivani being an eloquent and a cogent speaker captivated the audience as she walked down the memory lane and picked up a simple yet beautiful anecdote from her childhood. The anecdote was about how her dear Jamun tree had been uprooted by the workers in-charge and how she managed to get it back by simply using the power of love and gratitude. She motivated the children to be thankful to anything and everything around. Her innate wisdom mixed with her elegance left a lasting impression on the youngest children and adults alike.



REFLECTIONS

ON

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The event organized by the Interact Club featuring Shivani Agrawal, a philanthropist, was an inspiring and uplifting experience. Her motivational speech on integrating nature into our lives and calming ourselves was informative and engaging. The session concluded with the playing of Michael Jackson's "Heal the World", which was refreshing and left a positive impact on everyone in attendance.

~Ashutosh Behera (S2-A)

I would like to thank Mrs. Shivani Aggarwal for delivering such an engaging session. Her aura is absolutely enchanting and the way she talked about affirmations and manifestations, it gave us all a whole new perspective about practicing gratitude. Looking forward for more such sessions!

~Krish Batra (SS2-A)

The session that took place on April 21, 2023 was very refreshing and relaxing. It comprised a combination of small stories with great values and morals. It motivated us to help one another and reminded us of the god who observes us all. Our best actions are always ours in one way or another. It led us to believe in miracles and gave us much positivity. It made us realise that a life lived for another is worth living. I'm truly happy and obliged to be a part of this wonderful session.

~Apoorva Gupta (SS2-A)

Ms. Shivani Agrawal, a motivational speaker and a life coach took us on 'A Journey with Gratitude'.

Starting by engaging the audience in a beautiful and nostalgic childhood story of her dear 'Jamun Tree', Ms. Shivani explained how being thankful to what you have in the present can actually get what you wish. She asked the students about different ways in which they can contribute to the society and went on to encourage the students to do good always in order to get good in return. She talked about the famous 'Law of Attraction' and told us about how our thoughts can turn into actions. How powerful our thoughts are that we can manifest what we want. After impressing everyone with her talk, she played a Michael Jackson to which everyone danced enthusiastically.

~Rishika Arora (S2-A)



Dance a jig on Heal the World



Unravelling new dimensions of joy and Gratitude



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