



**Gyan Bharati School
Saket, New Delhi**

Date: 04th December 2024

Name of the Event/Session/Visiting Place: Visit to Action for Autism

Teacher In-charge(s): Mrs. Lata Vaidyanathan (Director), Dr. (Mrs.) Mudita Sharma (Principal), Mrs. Aarushi Choudhary (Counsellor), Ms. Vanshika Kohli (Counsellor), Ms. Devika Bhatnagar (Special Educator) & Mrs. Shukha Jaiswal (Special Educator)

Report:

Our visit to AFA aimed to observe the facilities and programs, with a focus on their **Skills Lab** and **Vocational Center**, to better understand their approach to supporting individuals with autism.

Their team helped us understand that the lab is designed to help individuals with autism develop daily living skills. There was an emphasis placed on structured learning and tailored support. The Vocational Center focused on providing training for employability and self-reliance. Vocational activities included weaving, jewellery making, crafts, etc. The center fosters a supportive environment, encouraging creativity and productivity.

AFA demonstrated a strong emphasis on **independence** and **inclusion**. The use of structured and individualized approaches was particularly effective in addressing the needs of individuals with autism. Observing these initiatives provided valuable insights that could be adapted or incorporated into our school practices.

The insights and expertise Mrs. Merry Barua & her team shared with us during the meeting were immensely valuable, and we deeply appreciate your generosity in guiding us. The visit was highly insightful, showcasing innovative methods and a compassionate approach towards Autism care. It underlined the importance of creating structured opportunities for skill development and self-reliance.

