



Gyan Bharati School
Saket, New Delhi

Date: 06-06-2022 - 08-06-2022

Name of the Event: IGU (Indian Golf Union) North Zone Sub Junior Feeder Event

Class: P4

Teacher In-charge: - Interschool event

Reflections:

Samar Baijal of class P4-A is a budding golf champion. He is already showing his prowess on the Golf field and is set to make it big in this sport. He has attended quite a few championships both in and out of Delhi and has brought laurels to the school by winning many of them.

Just recently he came first in Shubhankar Sharma Invitational tournament, second in the IGU Aravali Golf Course Competition and first again in the IGU event at Forest Hill Golf Course held in Chandigarh.

India's number 1 golf magazine, Golf Plus, has recently covered Samar's four years of golfing journey in their August 2022 issue.

We, at Gyan Bharati School, are all very proud of his achievements and are sure that he is going to scale greater heights.

Pictures:



Junior

Q&A

with

SAMAR BAIJAL

Samar started golf at the young age of 4 and a half years under mentorship and coaching of Vikram Sethi and Dharmendra Singh. Since then, he has had 14 first positions in various tournaments and has been named golfer of the season twice with two international invites (USA and Australia). He recently won the IGU North Zone Sub Junior Tour at Panchkula Golf Club and received a Certificate of Achievement from the Indian Golf Union. GolfPlus monthly discusses his routine, thoughts and some of his favourite things in this Q & A.

GP : How did you start playing golf?

When I was four and a half years old after playing mini tennis at the Sri Fort DDA Sports Complex my parents used to go to the driving range. One day I tried hitting golf balls with a rented club. Luckily, I connected. My father arranged a few swing lessons and within a month took me to the mini golf course. I really enjoyed playing. It was like a beautiful playground and I fell in love with the game.

GP : What has been your biggest lesson?

At this point I enjoy playing golf, I run, sing, sometime even dance on the course. One thing I understand is every hole is a target which I need to achieve in the best possible manner. I know we need to follow all the rules, though I'm still learning them. The lesson golf teaches is that sometimes you will win and sometimes others will win, I need to accept both.

GP : What motivated you to play golf?

Once I started playing golf, at the driving range and the golf course all the elders around would have very nice things to say to me about the game of golf and the age I



was playing the game which motivated me. I started playing tournaments and really enjoyed playing with my friends.

GP : Your training regimen; any specific schedule/ plan you might highlight?

Currently there is no schedule/training plan. My parents allow me to have a flexible schedule. I try to play the course as much as possible and also practice the short game. Before a tournament I do fifteen minutes each of putting, bunker, pitching and long shots. With schools starting my parents will also start a routine for me.

GP : Your winning strategy?

At the practice round I discuss with my caddy the club selection and approach to each hole. I am very passionate about playing tournaments and I play the course hole by hole. My approach is to put the best score by having the confidence in executing the shots that I have practiced. I do not let the mistake impact the next shots.

GP: Pastime beyond Golf?

I love playing with my friends in our neighborhood and make it a point to come back in time from golf to play badminton/ cricket/cycling/running games in the evening. I also love playing video games on my parent's phone.

GP : Favourite:

Food : Okra (lady finger) and Indian Breads (Roti)
Book : Paddington by Michael Bond
Golfer : Male- Tiger Woods and Rory McIlroy
 Female- Aditi Ashok
Course : The Delhi Golf Club (Peacock Course)

GP: What's in your bag?

Wedge : Sand, Lob, Pitching
Balls : Callaway Super Soft
Irons : Nine, Eight, Seven
Hybrid : Five and Four
Putter : TaylorMade OS (Monte Carlo)
Driver : US Kids Tour Series and Three Wood

